



## **Condors Last Chance Invitational**

February 1<sup>st</sup> – 3<sup>rd</sup>, 2019

**Sanction #190202  
Time Trial #190252-T**

**Invited Teams: New York Sharks, BGNW, Morris County Swim Club, Wagner Aquatic Club, Saw Mill Club Swim Team, Club Fit Jefferson Valley, 92nd Street Y, Spartans Swim Team, Washingtonville Seahawks, Jersey Flyers Aquatic Club, MALT, Westchester Aquatics, AGUA, Manhattan Makos, Storm Aquatics, Rivertown Rays, Red Fox Aquatic Club, Club Fit Briarcliff, Middies, Team Suffolk, Match Point, Nile Crocodile, Scarlet Aquatics, Somerset Valley Y, GAEL, Patriot, Team Rockland, Suffern Sea Lions, Cheshire Y/Sea Dog, Pocono Family Y, Shelton Monroe, Waverunners – NJ, Sachem Swim Club, Viking Aquatics, Freedom Aquatics, Queens Aquatic Club, LIAC**

Any other teams who would like to be invited, please contact [Laurie@Condors.org](mailto:Laurie@Condors.org)

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- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #190202, 190252-T
- LOCATION:** Felix Festa Middle School Pool  
30 Parrott Road  
West Nyack, NY 10994
- FACILITY:** 50 meter pool with 7-foot lanes and non-turbulent lane lines. Shallow end of pool will be used for continuous warm up and warm downs. Colorado electronic timing system and an 8-line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **PLEASE NOTE: THE BUILDING DOORS WILL NOT OPEN UNTIL 5:30PM ~ please make sure that you do NOT enter the building before that time.**
- Session 1: Friday Evening – Warm-up: 5:45 PM, Start 6:30 PM **\*\*\*3.5 HOUR TIME LIMIT\*\*\***  
Session 2: Saturday Morning – Warm-up: 9:30 AM, Start 10:30 AM **(DUE TO VARSITY PRACTICE)**  
Session 3: Saturday Afternoon – Warm-up: 3:30 PM, Start 4:30 PM  
Session 4: Sunday Morning – Warm-up: 7:30 AM, Start 8:30 AM  
Session 5: Sunday Afternoon – Warm-up: 1:30 PM, Start 2:30 PM
- FORMAT:** This will be a timed finals event. This is a deck seeded meet.
- ELIGIBILITY:** Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on **February 1, 2019** will determine age for the entire meet.
- DISABILITY SWIMMER:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** Swimmers may be entered in 1 event on Friday evening and 3 individual events Saturday and Sunday. **No NT's will be accepted.**
- Invited teams will be given priority in acceptance of entries. Host team reserves the right to refuse entries from teams that have a history of late or non-payment of entry fees. Entries will be accepted on a first come, first served basis for invited teams. ***The host team reserves the right to keep its swimmers entered in the meet.***
- The 500 (women) may be limited to the fastest 5 heats, the 500 (men) may be limited to the fastest 6 heats. Host team retains the right to keep its swimmers entered in this event.***
- Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries.
- U.S. Mail Entries/Payment to:
- Condors Swim Club  
115 North Main Street  
New City, NY 10956**
- Email Entries/Confirm Entry Receipt: [Laurie@Condors.org](mailto:Laurie@Condors.org)
- DEADLINE:** Sign Express Mail Waiver allowing delivery without signature. **Entries must be received by: January 19, 2019 NO UPDATES ACCEPTED AFTER THIS DATE**  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$8.00** per individual even must accompany the entries. **\$3 per swimmer** facility surcharge. Make check payable to: **Condors Swim Club of Clarkstown, Inc.**  
Payment must be received by **January 19, 2019** for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.

- WARM-UP:** The first 50 minutes will be general warm-up. The last 10 minutes all lanes in the competition pool will be open for one-way sprints; all shallow end lanes will be designated for pace. All swimmers must be supervised by a coach. The meet director reserves the right to assign warm-up lanes.
- SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- A positive check-in for the 500 will be required at the start of the warm-up for those sessions. If a swimmer positively checks in for any one of these events and does not show up to swim the event, there will be a penalty event assessed.***
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Ribbons will be awarded for places 1<sup>st</sup> – 8<sup>th</sup> in all events for 12 & Under swimmers only
- OFFICIALS:** **Meet Referee:** Mike Natale  
Officials wishing to volunteer should contact Meet Referee by email [Mike4Swimming@gmail.com](mailto:Mike4Swimming@gmail.com)
- MEET DIRECTORS:** Laurie Lawson, contact information phone: 267-237-4381, email [Laurie@CondorsSwimming.com](mailto:Laurie@CondorsSwimming.com) & Nevill Kishinevskiy email: [neville.kishinevskiy@gmail.com](mailto:neville.kishinevskiy@gmail.com)
- ADMIN OFFICIALS:** Laurie Lawson, contact information phone: 267-237-4381, email [Laurie@CondorsSwimming.com](mailto:Laurie@CondorsSwimming.com) & Nevill Kishinevskiy email: [neville.kishinevskiy@gmail.com](mailto:neville.kishinevskiy@gmail.com)
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  
**“Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer’s legal guardian, to ensure compliance with this requirement”**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**1.0 meter = 4 feet 6 inches, 5 meters = 13 feet**
- DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Clarkstown Central School District, Condors Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. “It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”
- AUDIO/VISUAL STATEMENT:** Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks. “Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”
- DECK CHANGING:** Deck Changes are PROHIBITED.

**ADMISSION** 7.00 Adults/session. \$3 Programs- includes free access to Electronic Heat Sheets on Meet Mobile and free Wi-Fi access. All spectators are encouraged to use the Meet Mobile App in conjunction with the fee Wi-Fi provided by the facility. Electronic Heat Sheets will be made available for free on the Meet Mobile app.

**MERCHANT:** A concession stand will be available throughout the duration of the meet. Ultimate Swim Shop will be available with swimming merchandise throughout the meet.

**PARKING:** There is ample on-site parking next to the pool. **Please park in the school lots to avoid ticketing or towing. Attendees should NOT park on the grass on any residential streets or they will be towed by the town. There will be security guards directing parking – please be respectful.**

**DIRECTIONS:** From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.





## Metropolitan Swimming Photographer Registration Form

**As of 05/18/16 - All Metropolitan Teams need to include this in the meet information packet as well as file this form with Safety in Sport Coordinator, prior to the start of the meet.**

This form must be completed by any photographer (video or still) who intends to take pictures at an Metropolitan Swimming sanctioned meet, and is taking those pictures of anyone other than his or her own child, from any location on deck. Submit the form to the Meet Director prior to commencing activity.

**THERE WILL BE NO FLASH PHOTOGRAPHY PERMITTED AT THE START.**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Government ID (driver's license preferred) or USA Swimming Registration Card:

Type of ID \_\_\_\_\_ # \_\_\_\_\_

Taking photos of \_\_\_\_\_

On behalf of \_\_\_\_\_

Purpose \_\_\_\_\_

Professional photographers/videographers will be allowed on deck at the discretion of the Meet Director and Meet Referee, and must adhere to the following guidelines:

Do not stand on the starting end of the pool, or in the starter's box; use of the bulkhead is at the discretion of the Meet Director and Meet Referee.

Do not stand on the edge of the pool (leave approximately two feet for officials and coaches).

Leave the deck when not actively photographing.

Respond immediately to direction from the Meet Referee.

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

Meet \_\_\_\_\_ Location \_\_\_\_\_

Date(s) of meet \_\_\_\_\_

**Friday Evening**  
**Warm-up 5:45 PM/Start 6:30 PM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	10 & Under 200 Freestyle	2
3	Open 500 Freestyle	4
5	Open 400 Individual Medley	6

**\*\*\*3 HOUR LIMIT ON THIS SESSION\*\*\***

*The 500 (women) may be limited to the fastest 5 heats, the 500 (men) may be limited to the fastest 6 heats.. **The host team reserves the right to keep its swimmers entered in the meet.***

**Saturday Morning**  
**Warm-up 9:30am/Start 10:30am**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
7	8 & Under 25 Butterfly	8
9	10 & Under 100 Butterfly	10
11	13-14 100 Butterfly	12
13	8 & Under 25 Freestyle	14
15	10 & Under 100 Freestyle	16
17	13-14 100 Freestyle	18
19	10 & Under 50 Breaststroke	20
21	13-14 200 Breaststroke	22
23	10 & Under 100 Backstroke	24
25	13-14 100 Backstroke	26
27	10 & Under 200 Individual Medley	28
29	13-14 200 Individual Medley	30

**Saturday Afternoon**  
**Warm-up 3:30pm/Start 4:30pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
31	11-12 100 Butterfly	32
33	Open 100 Butterfly	34
35	11-12 100 Freestyle	36
37	Open 100 Freestyle	38
39	11-12 50 Breaststroke	40
41	Open 200 Breaststroke	42
43	11-12 100 Backstroke	44
45	Open 100 Backstroke	46
47	11-12 200 Individual Medley	48
49	Open 200 Individual Medley	50

**Sunday Morning**  
**Warm-up 7:30am/Start 8:30am**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
51	10 & Under 50 Freestyle	52
53	13-14 200 Freestyle	54
55	8 & Under 25 Breaststroke	56
57	10 & Under 100 Breaststroke	58
59	13-14 100 Breaststroke	60
61	8 & Under 25 Backstroke	62
63	10 & Under 50 Backstroke	64
65	13-14 200 Backstroke	66
67	10 & Under 100 Individual Medley	68
69	13-14 50 Freestyle	70
71	10 & Under 50 Butterfly	72
73	13-14 200 Butterfly	74

**Sunday Afternoon**  
**Warm-up 1:30pm/Start 2:30pm**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
75	11-12 50 Freestyle	76
77	Open 200 Freestyle	78
79	11-12 100 Breaststroke	80
81	Open 100 Breaststroke	82
83	11-12 50 Backstroke	84
85	Open 200 Backstroke	86
87	11-12 200 Freestyle	88
89	Open 50 Freestyle	90
91	11-12 50 Butterfly	92
93	Open 200 Butterfly	94
95	11-12 100 IM	96